Mental Health Reform

HIDDEN IN PLAIN SIGHT

Exploring the Impact of Mental Health Stigma on Disclosure and Social Inclusion

Resources

HSE Mental Health Engagement & Recovery

Read their Strategic Plan here

National Learning Network

Read more abaout the National Learning Network (NLN) here

First Fortnight

Irelands Mental Health Arts Festival held every year during January

www.firstfortnight.ie

Blueballs

Men's Swimming groups that encourage conversation, support along with coffee, tea and biscuits.

Instagram: @blueballsireland @ blueballsmidlands @blue_ballswicklow @bull_wallblueballs

www.blueballs.ie

Fit Farmers

Working with getting Farmers socially and physically active

Instagram: @fit_farmers

www.fitfarmers.ie

Get Up Adventures

Working with Traveller Men, Coolmine Recovery and other recovery groups.

Instagram: @getupadventuresdublin

www.getupadventures.com

Celbridge Boys Club

Getting men out walking and talking in the Celbridge area

Instagram: @celbridge_boys-club