

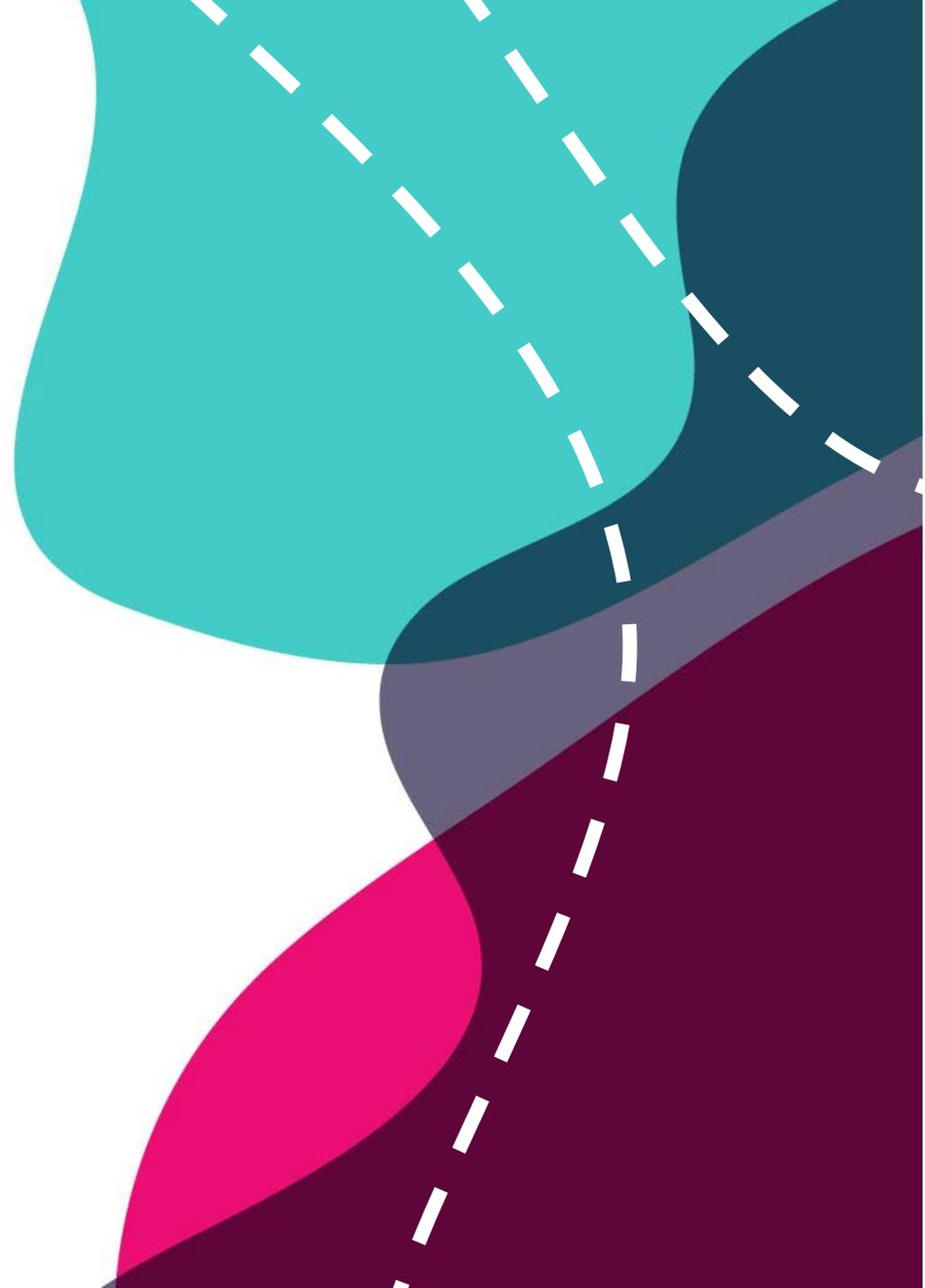


Mental Health Reform

Sharing the Vision **The Journey So Far**



WEBINAR EVENT





Mental Health **Reform**

welcome

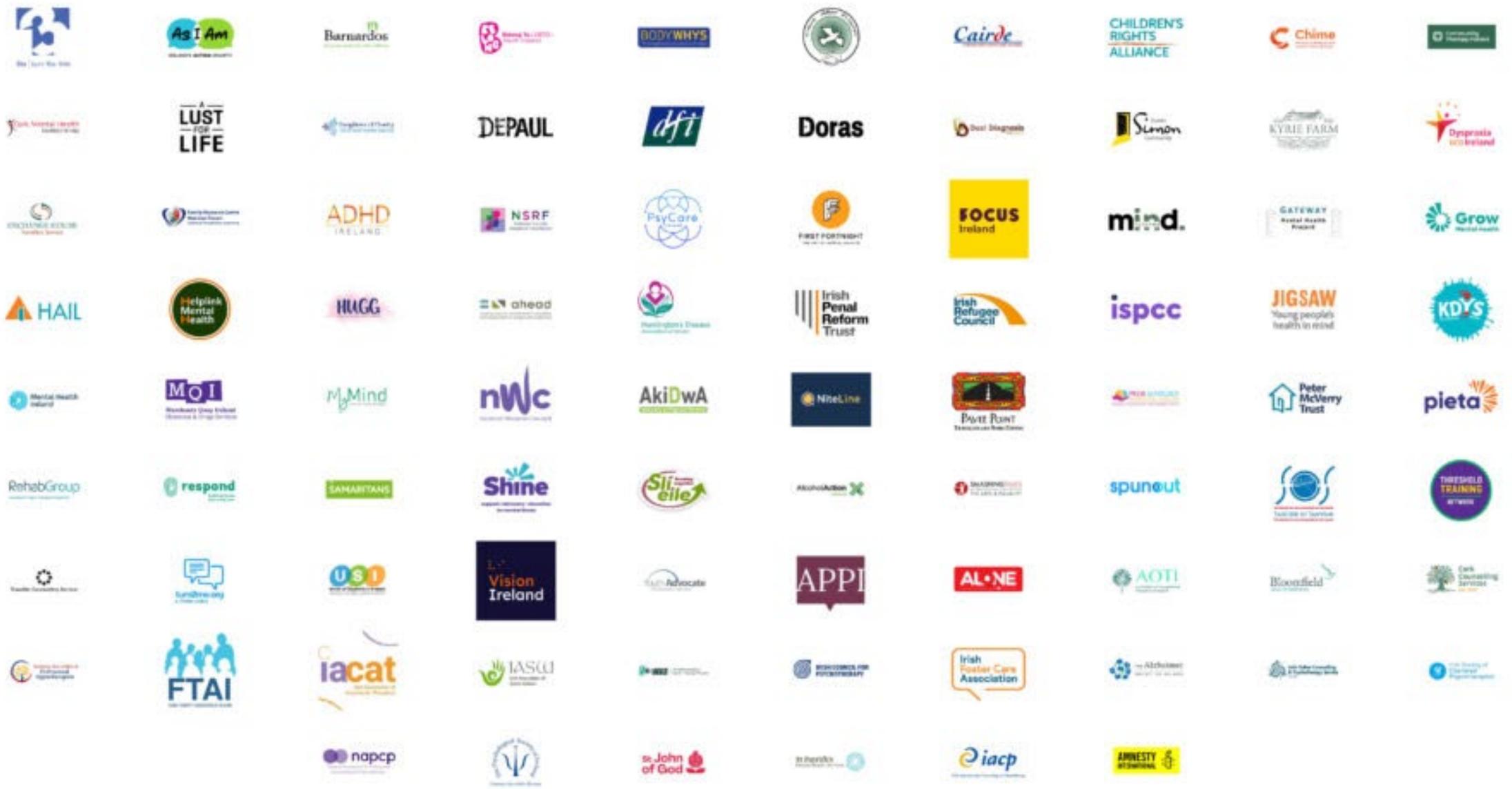
Who we are

Mental Health Reform is Ireland's leading national coalition on mental health.

Our Vision

Our vision is of an Ireland with accessible, effective and inclusive mental health services and supports.





If you need support....



HSE

Your Mental
Health



Samaritans

116 123 or email
jo@samaritans.ie



Text HELLO to 50808

to start a conversation

'Text About It' is anonymous, free and here
for you 24/7.

Agenda

10.00am – 10.10am

Welcome – Helen Gillespie Brown, CEO, MHR

10.10am – 10.30am

Policy Implementation: Learnings, Challenges and Opportunities

- Helen Gillespie Brown, CEO, MHR
- Catherine Brogan
- Sean Blake

10.30am – 10.40am

Update on Sharing the Vision in the Voluntary and Community sector

- Róisín Farrelly, Research and Programmes Officer, MHR

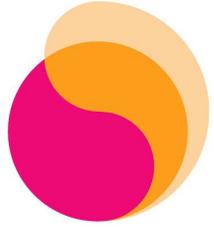
10.40am – 11.20am

Panel Discussion and Q&A

- Natasha Lanigan
- Austen Donohoe
- Grace Kearney
- Joseph Morning
- Moderated by Stephen Donnelly, Communications & Membership Officer, MHR

11.20am – 11.30am

Closing remarks – Helen Gillespie Brown, CEO, MHR



Mental Health Reform

Impact of Sharing the Vision on the Voluntary & Community Sector



VCS in Mental Health Care

Mental Health Care is “Very much a hybrid system” of state, voluntary and private services

How is this is reflected in the Sharing the Vision Model of Care?



Emphasis on Community-Based Care & Early Intervention



VCS organisations form vital connections to Priority Groups



Several Recommendations involve specific partnerships between the HSE and the VCS

Structure of Sharing the Vision

Domains

- Promotion, Prevention, & Early Intervention
- Service Access, Co-ordination, &
- Continuity of Care
- Social Inclusion
- Accountability & Continuous Improvement

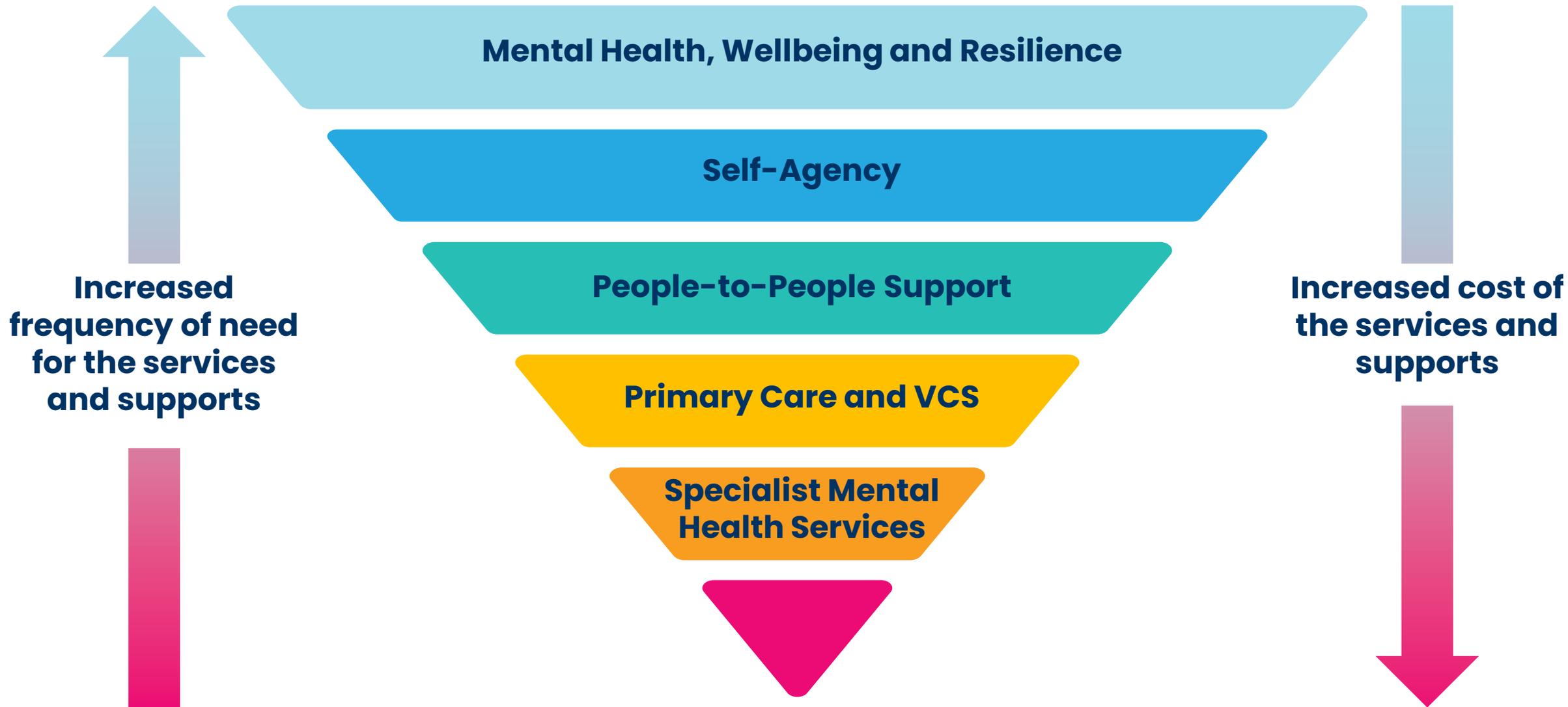


Community-based

"Core role for the Voluntary & Community Sector" (including organisations that are not mental-health specific)

Stepped-care

Tiered structure of mental health services



Sharing the Vision Priority Groups

- LGBTQ+ Community
- Traveller Community
- People who are homeless
- Drug Users
- People who come in contact with the criminal justice system
- People who have experienced domestic, clerical, institutional, sexual or physical abuse
- Asylum seekers
- Refugees
- Migrants
- Sex workers

Also for Review

- Children in care, care leavers, people with disabilities, people who have severe-to-profound deafness and people with substance (drug and alcohol) misuse problems





Mental Health Reform

How it is being implemented?

**Sharing the Vision Implementation Involving the
Voluntary & Community Sector**

National Clinical Programmes

- Joint initiatives of the HSE and College of Psychiatry Ireland
- Developed and implemented alongside VCS & advocacy organisations

Evidence-based pathways of care for:



Self-Harm
& Suicidal
ideation

Eating
Disorders
(Children and
Adults)

Early
Intervention
in Psychosis

ADHD (Adults)

Integrating Services

In 2024 the HSE created a directory of non-governmental mental health and suicide supports for community mental health teams to use.

- Contains information about organisations and how to access their services

Outcome

- Service users and family carers and supports are aware of supports available in the voluntary and community sector
- There is an ongoing effort to **create a connected network of mental health supports**
 - This involves guidance on partnerships between statutory and vcs services
 - will be implemented across new HSE regions



Mental Health and Suicide Prevention Supports and Services

Provided by Non-Governmental Organisations

A short directory for Community Mental Health Teams



Connecting for Life

Sharing the Vision
A Mental Health Policy
for Everyone

Safeguarding

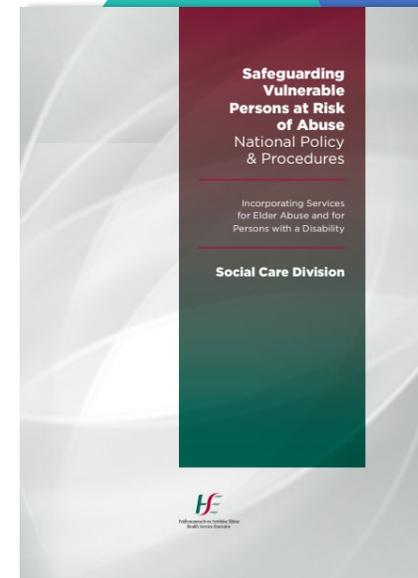
StV recommended to expand the scope of the National Adult Safeguarding Policy

- The 2014 policy relates mainly to safeguarding people who are at risk of mental health difficulties
- Following an independent report (McIlroy report) the safeguarding policy will be expanded to include mental health services

Outcome

- Staff in statutory and non-statutory mental health services will get access to safeguarding teams and training

"Not everyone with a mental health problem is vulnerable but there may be times in their life that they are less able to protect themselves and for that period of time however long or short may need support and intervention to feel safe."
(McIlroy Report)



Partnerships with the VCS

Voluntary and Community Sector Organisations that specialise in particular areas are involved in information gathering and programme development to make mental health services more accessible.

Examples include;

- people experiencing homelessness
- people in direct provision
- Stigma-reduction
- Diverse and culturally competent supports
- Advocacy Supports



Social Prescribing

Sharing the Vision Recommendation 15

- Addresses the role of social connection in mental health
 - Referrals made by health & social care workers
 - Link workers assigned to service users
 - Connections to local voluntary and community groups



Solace Cafés

Sharing the Vision Recommendation 24

- Addresses the need for safe out-of-hours mental health care
- Cafés are operated by teams of staff and trained volunteers

Solace CAFÉ
Hope • Comfort • Support

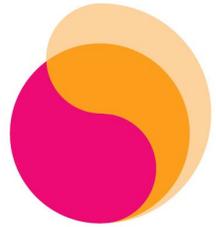




Mental Health Reform
Promoting Improved Mental Health Services

**Learn more about
our Sharing the
Vision videos**





Mental Health Reform

Sharing the Vision **The Journey So Far**



THANK YOU

