What we do

Mental Health Reform brings the combined expertise and views of the NGO sector to Government on how to improve Ireland's mental health system.

Accountability & Advocacy:

- ★ We monitor progress on Government commitments and hold the Government and its agencies to account for delivery.
- We mobilise our membership and wider supporter network to make publicly visible the support for a better mental health system.

Coordination & Policy Development:

- We draw on the expertise and experience of our members, and coordinate their views to Government.
- * We represent the sector in public forums.
- ★ We prepare policy submissions on behalf of the coalition, which is also informed by people who use mental health services, their family members, friends or carers.

Research & Innovation:

- ★ We conduct research to identify gaps in services and good practice solutions.
- We foster and demonstrate innovation in the way that mental health supports are provided.
- We develop good practice guidelines and policy recommendations based on consultation and research.



Get involved

Join the thousands of supporters of Mental Health Reform and together, we can make a positive change to mental health services and supports for everyone.

There are many benefits to joining our work:

- * have your voice heard
- * share why mental health matters to you
- join in the call for improved services and supports.

If you are a person who wants to stand up for better mental health services and supports for everyone in Ireland, get involved!

- ★ sign up to our newsletter for updates
- follow us on social media to keep up to date on developments
- use social media to show your support of our work

Representing over 70 organisations, we are the national umbrella body for mental health in Ireland. We bring our members' expertise and collective views on mental health to Government. If your organisation is concerned about mental health, find out how to become a member on our website.

For further information on how to join contact:

Mental Health Reform, Coleraine House, Coleraine Street, Dublin 7.

- T (01) 874 9468
 E info@mentalhealthreform.ie
 f mentalhealthreform
 2 @MHReform
 2 @mhreform
- company/mental-health-reform
 RCN 20078737

www.mentalhealthreform.ie



Join Mental Health





Great minds working together

Who we are

Mental Health Reform is the leading national coalition on mental health in Ireland.

We have over 70 member organisations working in areas such as mental health, homelessness and housing, disability, children's rights, human rights, ethnic minorities and many others.

Our member organisations and thousands of supporters all believe that joining together to advocate for improvements to Ireland's mental health system will have a real impact.

Mental Health Reform provides a unified voice calling for progressive reform of mental health services and supports in Ireland.

We believe that everyone in Ireland deserves to achieve their best possible mental health.



www.mentalhealthreform.ie

What our supporters say

^{tt} Working together as a strong coalition, we can expect to make a real difference in the lives of people with mental health difficulties and their families/carers/supporters.⁵⁹ MHR Member

** MHR is a leader in this sector." MHR Member

^{et} A voice for those who are all too often silenced.³³ MHR Volunteer

^{tt} MHR are fighting for a cause close to my heart, the improvement of mental health services in Ireland.³⁷ MHR Supporter



Our vision and mission

Our vision is of an Ireland where everyone can access the support they need in their community to achieve their best possible mental health.

Our work is rooted in values, including:

- We follow best international human rights practices and standards
- We believe that everyone must have equitable access to high quality mental health services
- We strive to be independent, to add value and to have integrity across all actions
- * We demand full accountability of Government and state bodies, and of ourselves
- We campaign using practical recommendations to achieve progress towards our vision.

